

Program

Tuesday 4th of June

- 15:00-15:15 Welcome by the Director and the committee
- 15:15-16:00 Pluvia: A spin-off company that is developing specific therapies resulting from long-term basic research
Aurora Martinez (UiB/Pluvia)
- 16:00-16:15 Break w/snacks
- 16:15-17:00 Research-based innovation: How to navigate through the innovation ecosystem in Norway
Anne-Sophie Schillinger (VIS Innovation)
- 17:00-19:00 Ice breaker - get to know each other!
- 19:30 Dinner

Wednesday 5th of June

- 07:00-09:30 Breakfast
- 09:30-10:30 Introduction: How to get the job you want
Sverre Haugen (MeyerHaugen)
- 10:30-12:00 Parallell workshop sessions
Group 1: CV-workshop (*Sverre Haugen*)
Group 2: Cultivating an innovation mindset (*VIS Innovation*)
- 12:00-13:00 Lunch
- 13:00-14:30 Parallell workshop sessions
Group 2: CV-workshop (*Sverre Haugen*)
Group 1: Cultivating an innovation mindset (*VIS Innovation*)
- 14:30-14:45 Break
- 14:45-15:30 Be of influence or be influenced? How can we use social platforms in communication of research?
Hilde Zwaig Kolstad (DLN/UiO)
- 15:30-15:45 Break w/ snacks
- 15:45-16:15 About Centre for Digital Life Norway – activities and opportunities
Rune Kleppe (DLN/UiB)
- 17:00-19:00 Outdoor activities
- 19:30 Dinner (+ image competition winner, pub quiz)

Thursday 6th of June

- 07:00-09:30 Breakfast & check-out
- 09:30-10:30 Mental health – what is it, and how to take care of it?
Jan-Martin Berge (PsykologBerge)
- 10:30-10:45 Break
- 10:45-11:45 Mastering stress and pressure, and seeking a good work-life balance
Jan-Martin Berge (PsykologBerge)
- 11:45-13:00 Lunch
- 13:00-13:45 Kahoot: What have you learned during the conference?
- 13:45-14:00 Wrap-up
- 14:30 Boat departure